

Heart Mittens

Pattern by Mariana Tuma



Skill Level
Intermediate

Yarn
Worsted, Med 4
in two colors

Gauge
(Using US 4 needles)
12 stitches = 2"

Yardage
Small: 110 yds
Large: 140 yds

Needles
US 3 + US 4 circular*
*We use the magic loop
method, but swap out the
circulars for double pointed
needles if you prefer

Sizes
Small (Women's)*
Large (Men's)*
*Length of the mitten is
adjustable, to fit

Finished Measurements
Width, laying flat:
Small: 4"
Large: 4.5"

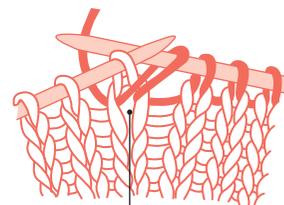
GLOSSARY

K Knit

P Purl

PM Place Marker

K1B (increase: Knit 1 Below) Insert your needle into the stitch directly below the next stitch on the left hand needle and knit. Then knit the stitch on your left hand needle as you normally would.



Knit into the
stitch BELOW
before knitting
the next stitch

ssk (decrease: Slip-Slip-Knit) Slip two stitches knit-wise, one at a time, onto the right needle. Then insert the left needle into the front of the two stitches and knit together.

k2tog (decrease: Knit 2 Together) Insert the right needle into the next two stitches on the left needle, knitwise. Knit the two stitches together.

Using the long tail method, cast on 46 (52) using US 3 circular needles.

PM, join in round. Work K1 P1 rib until wrist measures 3" using the magic loop method.

Change to US 4 circular needles. Knit (stockinette) for 1/2"

K1B (knit 1 below), K rest of row (47/53).

K 2 rows. K1B, K1, K1B, K rest of row

Repeat in ** until there are 61 (71) stitches.

K 2 more rows.

Small: K 17, transfer 44 to waste yarn.

Large: K 19, transfer 52 to waste yarn.

THUMB

Knit in the round, using the magic loop method, for 1.5" (1.75")

NOTE: You can try on the mitten at this point and see if you need to make the thumb longer. Thumb should come to 1/2" below the tip of your thumb.

Start Decrease for tip of thumb.

Small: K2TG, K4, K2TG, K4, K2TG, K3 (14)

K row

K2TG, K3, K2TG, K3, K2TG, K2 (11)

K row

Large: K2TG, K4, K2TG, K4, K2TG, K5 (16)

K row

K2TG, K3, K2TG, K3, K2TG, K4 (13)

K row

K2TG, K2, K2TG, K2, K2TG, K3 (10)

K row

Cut from working yarn, leaving at least a 4" tail. Thread end onto tapestry needle and thread through

stitches remaining on the circular needle. Remove the knitting needle and pull the tail to cinch top of thumb closed. Pull tail through to wrong side, and secure the loose end by tying a knot or weaving in the end.

HAND

Pick up stitches for main body of mitten.

Knit (stockinette) for 3" (3.25")

NOTE: At this point, try on your mitten. The top (decrease portion) measures about 1.25". The mitten should just cover your pinky finger at this point.

Start Decrease for hand.

Small:

K1, SSK, K16, K2TG, K1, PM, K1, SSK, K16, K2TG, K1 (40)

K row

*K1, SSK, K to 3 before marker, K2TG, K1, slip marker, K1, SSK, K to 3 before marker, K2TG, K1 (36)

K row*

Repeat in ** until 12 stitches remain. Cut yarn, thread onto tapestry needle, weave through all stitches on needle and cinch.

Large:

K1, SSK, K20, K2TG, K1, PM, K1, SSK, K20, K2TG, K1 (48)

K row

*K1, SSK, K to 3 before marker, K2TG, K1, slip marker, K1, SSK, K to 3 before marker, K2TG, K1 (44)

K row*

Repeat in ** until 12 stitches remain. Cut yarn, thread onto tapestry needle, weave through all stitches on needle and cinch.

Weave in or knot all loose ends on wrong side.

Repeat pattern for second mitten.



HEART

Using duplicate stitch, follow the pattern below to embroider the heart onto the middle of your mitten.

TIP: Fold your mitten in half the long way to find the middle. Mark with a straight pin and begin embroidering the heart in the middle, working one side of the heart and then the other.

